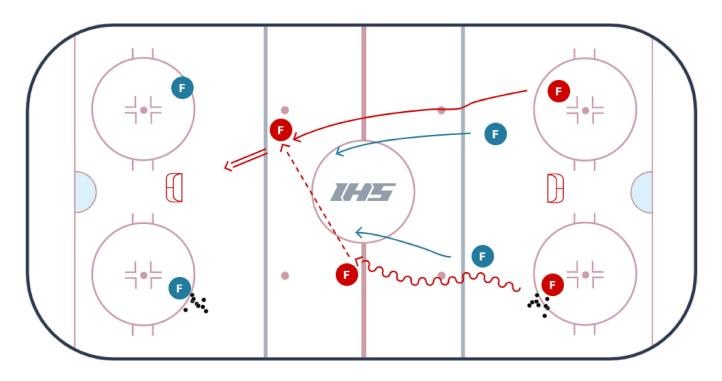


2 vs 0 Backpressure



Description

4 Lines, 2 at each net. Drill begins with 2 v 0 on goalie and shot. When the shot is taken 2 players from the line take off toward the opposing net 2 v 0. The 2 players who started the drill with 2v0 shot must stop at net then backcheck and try to disrupt 2v0 the other way.