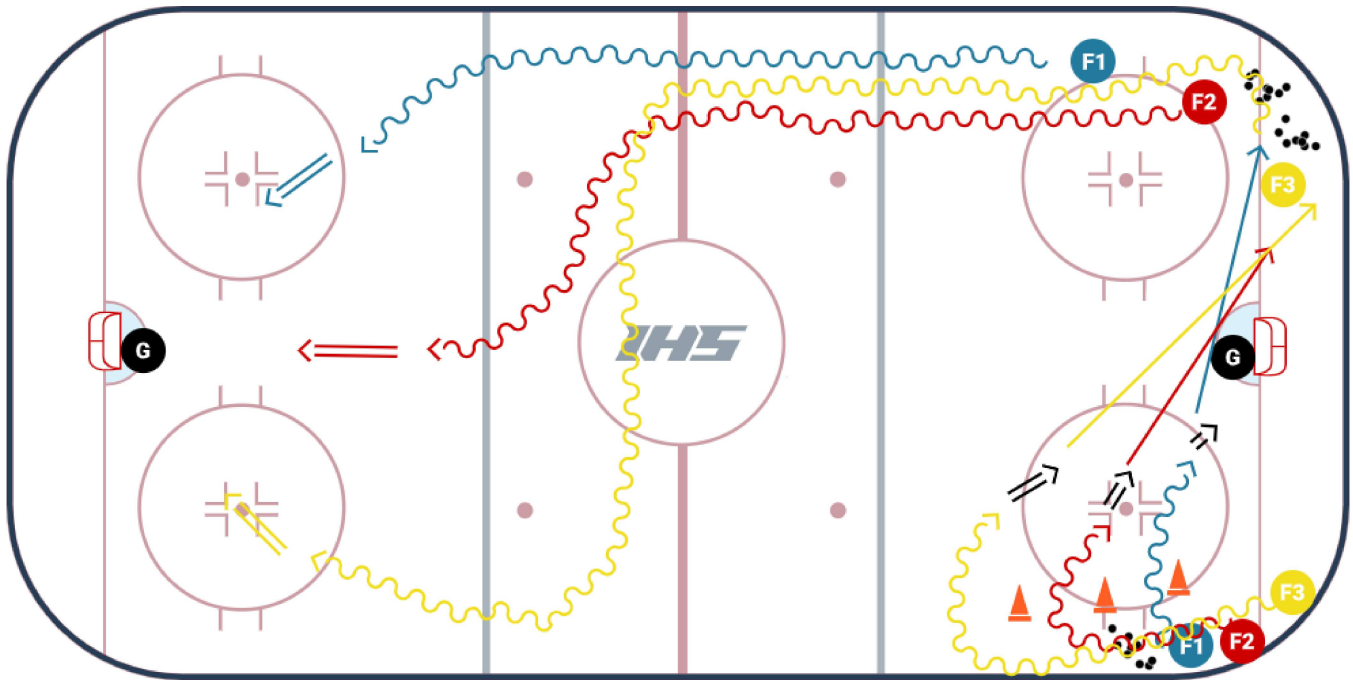


## 3 Shot 3 Shot Lane fill



### Description

Players in both ends with pucks. On Whistle, F1,F2,F3 leave with pucks from corner. Players will execute quick turns with shots on net, then pick up 2nd puck from far corner. Players will then skate full length of ice. At red line F1 will continue straight into zone for shot on goal, F2 will fill mid-lane after redline for 2nd shot, and F3 will fill wide lane for 2 shot on net.